



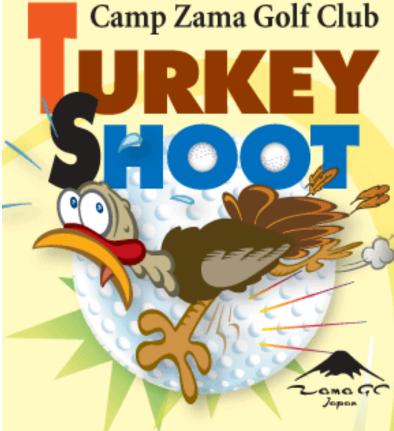


The best activities guide around!

**NOVEMBER 2007** 



"See the Bugle for the advertisement".



# Saturday, 10 NOVEMBER Tee times start at 0630

Individual stroke play event with handicap. Flights determined after entries received.

There will be gift certificates awarded for the low gross winners in each flight.
Awards presentation and Thanksgiving lunch buffet following golf.

Deadline for entry is 5 pm, Tuesday, 6 November.

# COST:

(Includes carts, and buffet luncheon)

- \$25.00 Zama, Atsugi and Tama Hills Club Members
- \$37.00 DOD Non-Members
- ¥6,000 JGSDF (Stationed at Zama)
- ¥8,000 MLC/IHA/HPT (Working for USARJ)
- ¥14,000 All Others

POC: Dale Jorgenson, Director of Golf, phone 263-4224 or e-mail dale.jorgenson@zama.army.mil



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation,

and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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### THIS MONTH'S COVER

The Camp Zama Yano Fitness Center has numerous programs, facilities and events to enhance personal health and recreation. One of the best training facilities and programs on the Kanto Plain is the wellequipped weight room. This month's Bugle cover shows Fitness Trainer and Body Builder Zoa Kumzak training Alma Smith how to focus on the muscle. Alma trains at least three times a week, as well as enjoying yoga and circuit class with her husband. Training and nutrition guidance helps to stay energetic, increase self-esteem and enjoy a fun recreational activity with friends. Group classes and personal life-style guidance to both men and women in the community are offered at our Yano Fitness Center. For more information regarding Zoa's programs, contact the Yano Fitness Center or check out Zoa's website at www.zoalinsey.com.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.

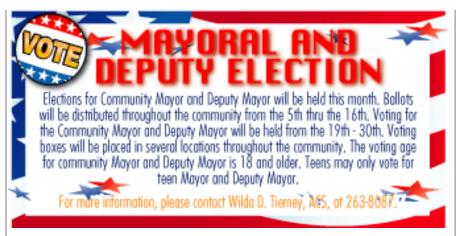


"See the Bugle for the advertisement".

# ■ Army Community Service • 263-8327

re-deployment and Ongoing Readiness Training. This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.





# RELOCATION READINESS 263-HELP (4357)

# • Newcomers Train Class Parts I and II

**Part I**: 15 November, 6 - 7 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

**Part II:** 17 November, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy
16 November, 9:45 am - 12:30 pm,
Gate 4, Camp Zama. Join our Japanese volunteers as they take you on

a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

• Sponsorship Training

Every 2nd Thursday of every month from 1:30 - 2:30 pm, ACS Outreach Room, Bldg. 402. Mandatory for all personnel assigned as a sponsor. Unit training is available upon request.

# MOBILIZATION AND DEPLOYMENT PROGRAMS 263-HELP (4357)

Please contact Edward Chinneth at 263-8089 to schedule your unit predeployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

# FAMILY ADVOCACY PROGRAM 263-HELP (4357)

The Family Advocacy Program provides services that support military families. The programs are designed to prevent family violence and sexual assault. The following workshops will be offered at ACS during the month of November: Commander/1SGT FAP briefing, 6 November, 1:30 - 3:30 pm; Anger Management Workshop, 13 November at 1 pm, Single Parent Support Group, 20 November at 3:30 pm, and Couple's Communication Workshop, 29 November at 3:30 pm. All classes are free and require advance registration. Please contact ACS at 263-8327 to register. If you, your unit, or organization would like to sched-



ule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-8327. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be pro-

# **New Parent Support Program**

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive playgroup for parents and children aged birth to 6 years. Held Tuesdays 9:30 - 11 am at Zama Chapel Bldg 502 and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- Breast Feeding Support Group is held Thursday, 1 November, 9:30 10:30 am, at ACS, Bldg 402.
- Baby Love Seminar "Avoiding Holiday Blues" held 13 November during Play Morning.
- Community Parenting Workshop "Preparing for the Holidays with Young Children" held on 19 November, 9 - 10 am at ACS, Pre-register by COB on 16 November at 263-8327 / 4572.
- Baby Bundles Information and supplies for new and expecting parents. Electric breast pumps are available by calling the NPSP phone number or emailing carol.watrous@us.army.mil.

vided. Contact Luticia Trimble-Smith at 263-8327 for additional information about domestic violence restricted and unrestricted reporting.

# • Sexual Assault Prevention and Response Program (SAPRP)

This is a Commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually

assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-8057 or the oncall Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-8327 or 080-5080-0430.

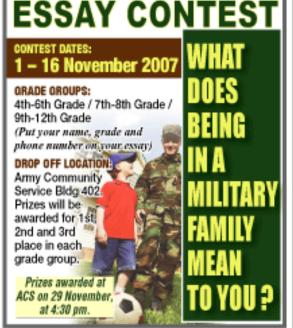


Army Community Service (ACS) invites you and your family members to participate in the following activities focusing on the "Month of the Military Family":

- Family "goodies bag" giveaway: Tuesday, 6 November at ACS for the first 20 Families. Great freebies and information, but you have to come early. Supplies are limited.
- Baby Love Seminar "Avoiding the Holiday Blues" held during Zama Chapel Play Morning on Tuesday, 13 November, 1000 - 1030.
- Community Parenting Workshop "Preparing for the Holidays with Young Children" at ACS, Monday, 19 November, 9 - 10 am.
   Come get some good information and celebrate the "Month of the Military Family".

PLEASE NOTE: At the completion of the workshop on 19 November coffee and cake will be served and there will be drawings for 5-6 DOOR PRIZES.





POC: Stacee Davis, (Phone) 263-2382, (E-mail) stacee.davis@us.army.mil

# ■ Army Community Service • 263-8327

# EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the family member which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572.

#### COMMUNITY LIFE OFFICE, 263-HELP (4357)

# • Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator. For more information, call at 263-8087.

# INFORMATION AND REFERRAL 263-HELP (4357)

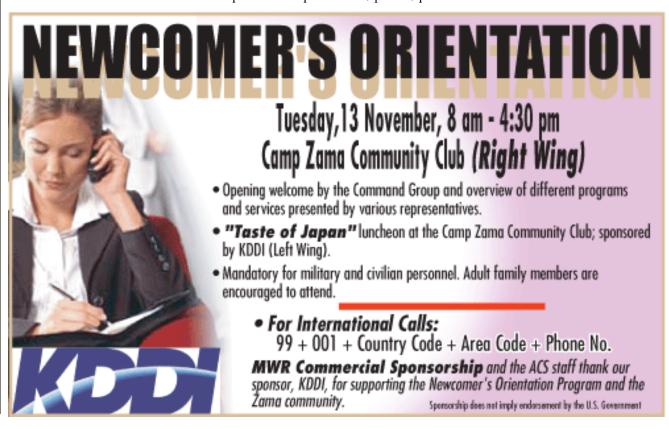
The ACS Resource Contact Information Database, which provides information on services, agencies and organizations for most military bases throughout Japan, is available using CAC readers only at https://intranet.zama.army.mil https://intranet.zama.army.mil. First click on the USAGJ icon, then the Morale Welfare and Recreation icon and finally the ACS Resource Contact Information icon (de-select the pop-up blocker security setting). I&R also provides maps on local, public, pri-

vate and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, as well as for the local Japanese economy. I&R provides a vital link between people who need help and the organizations which provide that help. For more information, contact Stacee Davis at 263-2382.

# • English as a Second Language Class

We are looking for a volunteer to teach this class once a week. Day and time negotiable. Contact Mardy Clark at 263-8057 for more info.

- Knitting and Crocheting Class Every Tuesday from 9:30 - 11:30 am, ACS Outreach Room, Bldg. 402 (for all levels).
- Japanese Language Class Every Wednesday from 10 am - noon, ACS Outreach Room, Bldg. 402 (taught by a native Japanese speaker).
- English Teachers Network 6 November, noon - 1 pm, ACS Outreach Room, Bldg. 402. Find out how to recruit students, what fees to charge, where to find teaching materials and more.



■ Paid Advertisements

"See the Bugle for the advertisement".

lease repair ball marks on the green. A ball mark that is repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will

be visible for

weeks.

# ■ Camp Zama Golf Club • 263-4224 http://www.usarj.army.mil/information/mwr/business/golf/

# CLUBHOUSE GRAND OPENING



Friday, 9 November, 5 pm

A "grand opening" will be held at the golf course to highlight. all the major improvements that have been made in 2007

#### **TRADE-INS**

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at http:// valueguide.pga.com/

#### TOMODACHI DAYS

Tomodachi Days in November are as follows:

- 9 November Friday
- 16 November Friday
- 19 November Monday
- 26 November Monday

Your Japanese guests (up to three) can play with you for the low fee of \(\frac{1}{2}\)5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

#### PAYDAY SCRAMBLES

Friday, 2 November and 30 November (shotgun start at 11 am).

- Advance payment: \$8 for members and \$11 for nonmembers.
- Pay at the door: \$10 for members and \$15 for nonmembers.

Price includes golf cart, buffet lunch and door prizes. Limited to personnel assigned to USARJ, supporting and tenant units and their family members. (MLC/IHA must pay green fee in addition to entry fee).

#### **NICHIBEI FRIENDSHIP TOURNAMENT**

Thursday, 15 November, shotgun start 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.







# THANKS ▲ Delta Air Lines

#### CLUB CHAMPIONSHIP WINNERS

Top left: Men's SOFA division champion Nestor Manrique (L), and Ladies SOFA division champion Vickie Willougby (R).

Center: Ladies Open division winner: Mayako Ikedo Top right: Men's Open division winner: Masanobu Hagino

### SPECIAL DOOR PRIZE WINNER

Todd Eddy, left, receives a congratulatory handshake and two airline tickets from Dale Jorgenson, Director of Golf, during the awards ceremony at the 2007 Club Championship. The two round trip tickets to the USA were the major door prize for the event, and were provided courtesy of Delta Air Lines.

# ■ Zama Bowling Center • 263-4780

Turkey Shoot all month for league players during league play only.

#### THIS MONTH'S SCHEDULE

- King of the Hill Tournament
- Sunday, 4 November, 11 am 5 pm.
- Veteran's Day Bowling Tournament

Saturday, 10 November, 1 pm.

- No Tap Tournament
- Sunday, 18 November, 11 am 5 pm.
- Bowling for Dollars

Saturday, 24 November, bowling for dollars "Color Pin" bowling, 10:30 pm.

Ongoing Events

Monday - Friday: Buy lunch (\$4.50 value) and bowl free from 11:30 - 1 pm.

• Wednesday, "Family Time": free bowling

Every Wednesday, 3 pm to closing.

• Pre-Paid Bowling Cards 10 games for \$15

# WIN, LOSE OR DRAW, WERE YOU AT THE ATSUGI FOOTBALL GAME???







#### PARTY RESERVATIONS

Having a birthday soon? Planning a Hail and Farewell Party? Just want to get together? Have it at the Zama Bowling Center. Call 263-4780 and

we will email you your party choices.

Check out the MWR channel for current and upcoming bowling events.





amp Zama Community Club will be closed on Veteran's Day (12 November).

Mini Jackpot Bingo: Sunday, 4 November, doors open at 2:30 pm at the Camp Zama Community Club ballroom. Come join us.



# Camp Zama Community Club

• 263-4133

## **ENTERTAINMENT**

• "Karaoke" and "Hip Hop Music" Every Friday night "Karaoke" from 7 - 10 pm and "Hip Hop Music w/ DJ from 10 pm - 3 am in the Firelite Lounge playing your favorite Hip Hop artist songs.

• Latino Night

Saturday, 24 November, 8 pm - 2 am in the Firelite Lounge.

• Saturday Night (Country Music with DJ)

On 3, 10 and 17 November, 8 pm - 2:30 am in the Firelite (hear your favorite country artist songs). On the 2nd and 4th Wednesday enjoy free line dance instruction from 8 - 9:30 pm.

• Bingo Night

"New power bingo handset": Simply press in each number called and then press the enter button. The handset will automatically daub all of your cards. Bingo packet and handset (\$28) have all the games, but Early Bird and U-pick-em: Target bingo; bingo within 54# \$1,000, Up and Down Jackpot \$3,000 starting at 48 numbers and every Sunday will go up 1 number and go down \$100, and Progress SR Jackpot \$5,000 starting at 48 numbers and every Sunday will go up 1 number. Thursday cards sale 6 pm, Early Bird game at 6:45 pm, regular game start 7 pm, and Sunday cards sale 5 pm, Early Bird game at 5:45 pm, regular game starts 6 pm.

#### **LUNCH**

Sunday Brunch (10 am - 1:30 pm):

Ådult: \$12.95

Youth 8 - 12: \$6.95

Youth 4 - 7: \$3.95

3 and under: Free

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 6 Chicken Parmesan w/Pasta
- 13 Fish Tempura
- 20 Chicken Fried Steak w/Country Gravy
- 27 Beef Potato Croquettes

**Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 7 Baked Lasagna
- Kushikatsu (Fried Pork and Onion Cutlet Skewer)
- 21 Beef Roulade
- 28 Stuffed Pork Chop

**Thursday**: (Rotisserie Chicken and vegetable of the day)

- 1 Teriyaki Chicken
  - Stuffed Cabbage Roll (no vegetable of the day)
- 8 Italian Sausage and Peppers
  - Chicken Piccata
- 15 Bulkogi
  - Turkey a la King
- 22 Thanksgiving Day Buffet
- 29 Sweet Sour Pork Meatballs
  - Yakisoba



# LUNCH

**Friday "Lunch Buffet"** (vegetable and soup of the day) only \$6.95.

- 2 Baked Herb Chicken
  - Baked Meat Loaf
  - Potato Au Gratin
  - White Rice
- 9 Beef Bourguignone
  - Fried Chicken
  - Oven Brown Potatoes
- 16 Sweet Sour Pork
  - Beef Broccoli
  - Burritos
  - Fried Egg Rolls
  - Fried Rice
- 23 Club Closed for Lunch
- 30 Sliced Turkey w/Stuffing
  - Cranberry Sauce
  - Turkey Gravy
  - Sliced Ham w/Pineapple Sauce
  - Macaroni Cheese
  - Peas and Pearl Onions
  - Turkey Rice Soup

#### **DINNER MENU**

**Sunday** (Regular Menu) One Steak for \$10 Night

> (good for "Steak of the Night" only and no take out)

Monday - Closed

**Tuesday** (2 Meals for \$15)

27 Holiday Ball

(Please see details on page 26)

Wednesday (5 - 9 pm)

- Mongolian BBQ
- Limited Menu

Thursday (Regular Menu)

**Every Thursday** 

• "All You Can Eat Pasta, Pizza, Soup and Salad Bar"

22 Thanksgiving Buffet

Friday (Regular Menu, 5 - 10 pm)

Chef's Special)

16 Community Night

Saturday (Regular Menu)

• Prime Rib Dinner

#### **DINNER MENU**

- Prime Rib and Shrimp Scampi
- 17 Texas Hold'em / Black Jack Tournament

Our regular menu will be offered in addition to the above specials on Saturday night.

Camp Zama Community Club

# **HOURS OF OPERATION:**

# 23 November

Dining Room ----- 1700 - 2100

Cashier's Window ----- 1700 - 0230

Cafe Roberto - - - - - - - 1700 - 2300

Firelite Lounge ----- 1900 - 0300

Game Room ----- 1700 - 0300

For more information, phone 263-4547

# CAMP ZAMA COMMUNITY CLUB

# Dining Out

USA Dining Room

Tuesday Night Family Special

Any Two Meals ~ \$15

Theme Menu ~ American, Chinese, Japanese, Korean, Mexican, etc. \*Menu changes every Tuesday.

\*Includes soup & salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

\*Sorry NO take-outs!

# **Mongolian BBQ**

Every Wednesday in the ballroom, 5 - 9 pm with modified menu. Reservations are welcome. (please call before 3 pm)

\*USA Dining Room is closed.

# Sunday Brunch

Open: 10 am - 1:30 pm

Adults: \$12.95 • 8 - 12: \$6.95 4-7: \$3.95 • 3 and under: free

USA Dining Room

# Thursday "All You Can Eat"

Pasta, Pizza, Soup & Salad Bar

Adults: \$10.95 • Ages 4 - 12: \$5.95 Under 3 years old: FREE \*Regular menu is available. Sorry, NO take-outs!

# Saturday Night Special

Prime Rib or Prime Rib & Shrimp Scampi

Our regular menu will be offered in addition to the above specials on Saturday night.

# Friday Night Chef Special

Our regular menu will be offered in addition to the Friday night chef's special.

# EVERY SUNDAY STEAK NIGHT

One Steak for \$10 includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato.

(Good for "Steak of the Night" Only)

\*Modified menu will be affered on Sunday nights. Sorry, NO take-outs! Sagami

Lounge would like to thank our customers for the great support that we receive from you on a daily basis. Please continue to dine with us and we will do our best to provide you with great food and service.

Sagami Lounge will be closed on 12 November for Veterans Day and 22 November for Thanksgiving.

# I Sagami Lounge • 268-4954/4847 Orders: 268-4142

#### **LUNCHES**

#### **MONDAY**

- 5 Chicken Cashew
- 12 Closed for Veterans Day
- 19 Locomoco Don
- 26 Teriyaki Hamburger Steak

#### **TUESDAY**

- 6 Hamburger Steak w/Cheese
- 13 Fried Chicken
- 20 Chinese Chicken w/Chili Sauce
- 27 Parmesan Pork Cutlet

#### **WEDNESDAY**

- 7 Garlic Chicken Saute
- 14 Taco Rice
- 21 Meat Ball Stroganoff
- 28 Lasagna w/Garlic Bread

#### THURSDAY

- 1 Chicken and Bean Enchiladas
- 8 All-U-Can Eat Italian Buffet
- 15 Lasagna w/Garlic Bread
- 22 Closed
- 29 All-U-Can Eat Mexican Buffet

#### **FRIDAY**

- 2 Fried Shrimp w/Curry
- 9 Seafood Platter
- 16 Salmon Polonaise
- 23 Seafood Platter
- 30 Seafood Macaroni Gratin

#### **DINNER SPECIALS**

# TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Japanese Dinner Special
- 27 Pizza and Pasta Dinner Special

#### WEDNESDAY NIGHT

Family night movies for adults and youth (7, 14, 21 and 28 November) regular dinner menu. Choose your discount.

# THURSDAY NIGHT (REGULAR DINNER MENU)

#### **FRIDAY NIGHT**

- 2 Steak and Scallops Set (\$20)
- 9 Steak and Seafood Plate Set

(\$25

- 16 Steak and Shrimp Set (\$20)
- 23 Prime Rib Dinner Set (\$20)
- 30 Regular Dinner Menu

# SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 10 and 24 November the best Mongolian BBQ in town!!!

- 3 Regular Dinner Menu
- 17 Regular Dinner Menu



"See the Bugle for the advertisement".



"See the Bugle for the advertisement".

 riday, 16 November. Our monthly "6th Grade Happening" will be held 7 - 10 pm. The cost is \$2.00. Transportation will be provided from Sagami Depot at 5:45 pm, SHA commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

# ■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

#### **YOUTH CENTER**

# • Creative Movie Making Techniques

Thursdays from 3:30 - 4:30 pm starting 19 November. Club members start by learning how to make movies using Movie Maker and Studio 8 and then learn more advanced techniques using Adobe Premier. Prepare for the upcoming contest: BGCA Movie Making Contest on 21 January 2008.

#### • Tae Kwon Do Classes

Child and Youth Services offers Tae Kwon Do taught by Sensei Kang, 7th degree black belt, from beginner to advance for youth ages 5 and older. Classes are every Monday and Thursday from 5:30 - 7:30 pm. Cost is \$45 per month. For more information, call 263-4125.

# • Parent Advisory Committee Meeting

Wednesday, 14 November. Our monthly PAC (Parent Advisory Committee) for the Zama Youth Center will start at 5:30 pm. We believe your input is important in helping us evaluate youth center programs as well as establishing or changing youth center procedures.

#### THE BOYS AND GIRLS CLUB

The Boys and Girls Club of Camp

Zama has set up a variety of programs that meet the physical, emotional, cultural and social needs and interests of Camp Zama's youth. Here are several options your child could choose from on a daily basis:

# • Sports Recreation and Fitness

From basketball to table tennis, the Sports, Recreation and Fitness Program develops fitness, ensures the positive use of leisure time and enhances interpersonal skills.

# Education and Career Development

Want to see a kid smile? See his face when he gets an A on that paper? The education and career development program enables youth to become proficient in basic education, disciplines, embrace technology and optimize employability.

### Technology

Tech lab provides the latest software, provides technical training to Club staff, and equips young people with the basic and advanced technological skills needed to excel in school and the job market.

#### Health and Life Skills

Setting personal goals and inspiring youth to nurture their own well being are just two of the many tools and skills this program offers.

# • Character and Leadership Development

This program empowers youth to support and influence their Club and community, sustain meaningful relationships with others, develop a positive self-image, participate in the democratic process, and respect their own and others' cultural identities.

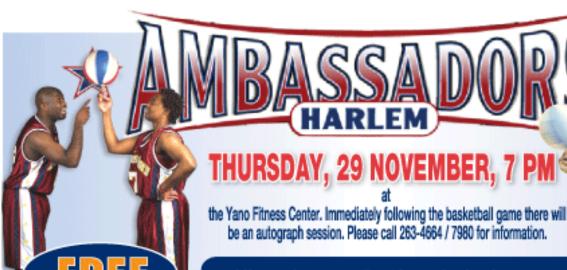
# • Arts and Cultural Enrichment

The arts program helps youth enhance self-expression and creativity, develop multicultural appreciation, provide exposure to and develop skills in crafts, visual arts, performing arts, literary arts and music.

**Specialized Programs.** These additional programs give specialized assistance to youth with certain needs. Phone the Zama Youth Center at 263-4500 for more information concerning these programs.







All youths ages 5 - 18 are invited to attend the "HOOPS AGAINST HUNGER BASKETBALL CLINIC" 5 - 6 PM

\*\*\* All youths are asked to bring a canned item (these will be given to the Chapel Office for appropriate distribution).

IMMEDIATELY FOLLOWING THE CLINIC THERE WILL BE DOOR PRIZE DRAWINGS FOR YOUTHS (parents will also receive a door prize). For further information, please phone Youth Sports at 263-5437/4066.

MWR COMMERCIAL SPONSORSHIP and the CYS STAFF thank the following sponsors for supporting our community and particularly our youths



OUTBACK STEAKHOUSE COSTCO





# MA OPEN



# 18 NOVEMBER (Sat - Sun)





COURTESY OF MORTHWEST AIRLINES

Deadline for sign-up is Tuesday, 13 November, 5 pm.

Any amateur golfer with a current USGA or JGA handicap. Golfers without a handicap will play scratch. Handicaps will only be used to create the flights. USGA rules (except drivers with COR's of .860 will be allowed - current R&A limits).

Flights will be determined after entries are received.

Gift certificates will be awarded for low gross winners in each flight. Trophy awarded for the overall low gross, male and female.

Male golfers will play the blue tees; female golfers the red tees.

- \$40.00: Zama, Atsugi and Tama Hills club members.
- S64: SOFA Status non-members
   Y11,000: JGSDF (stationed at Zama)
   Y15,000: MLC/IHA/HPT (USARJ)
   Y23,000: All others

Includes carts, door prizes and buffet luncheon on Sunday

POC: Dale Jorgenson, Director of Golf, 263-4224 / email: dale.jorgenson@us.army.mil

MWR COMMERCIAL SPONSORSHIP thanks Northwest Airlines, Outrigger Hotels & Resorts, Callaway, Mizuno, Ping, Taylor Made, Titleist, Cleveland Asia Golf, Nike and Coca Cola for supporting this events

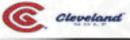












MORTHWEST MARKS 60 YEARS OF TRANS PACIFIC SERVICE THIS YEAR

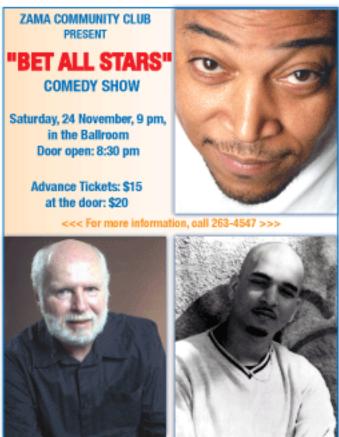












"See the Bugle for the advertisement".

# arent Advisory Council. Parents please come and help support the Parent's Advisory Council Meeting. We meet every third Thursday each month in Bldg 337 at 5 pm.

#### CLOSED:

School Age
Services (SAS) will
be closed on 9 and
23 November (CYS
Training Days) and
12 and 22
November (national
holidays).

# ■ School Age Services • 267-6317

#### SAS BEFORE AND AFTER CARE

School Age Services (SAS) offers affordable before and after school care that meets the needs of children ages 6 - 12 and their parents. The SAS staff is highly qualified, enthusiastic. committed to providing a safe healthy environment and helping to develop the individual needs of each child. A variety of activities are provided in an open and fun atmosphere such as arts and crafts, dramatic play, outdoor recreation, computers and more. A major club program offered by SAS is Power Hour; this is an after school club that allows children to work on homework with assistance from qualified staff. In October, we will be starting our 4-H round up for this year's clubs. Come join us! School Age Services is the fun place to be.

# • SAS Operation Hours

Regular: Monday - Friday 0630 - 0830 and 1500 - 1800 Early Care: Monday - Friday 0530 - 0630 No School Day: 0530 - 1800

## • November SAS Event

21 November, SAS Thanksgiving Dinner.

## • November Theme

"Giving Thanks / Native American Heritage Month"

• November Character Counts "Citizenship"

#### REGISTRATION

To register your child, or for more information, please stop by the CYS Central Enrollment Registry Office in Bldg 533 or call 263-4125 or SAS at 267-6013.



# **BOYS & GIRLS CLUBS**

# SAS OPEN RECREATION IS AVAILABLE NOW!!

Parents, are you looking for a program that can provide a great deal of fun for your children from Monday to Saturday?

Camp Zama School Age Services is offering open recreation opportu-

nities in the After School Program, and Saturday afternoon for youth currently enrolled in grades one to six. Youth that participate in SAS open recreation will be included in all the normal daily activities (art, games, snacks, sports, etc.). Please be advised that from Monday to Friday attendance from 3 - 6 pm is based on space availability. On Saturdays the maximum attendance is 30 children.

SAS Open Recreation Opening Hour Monday - Friday: 3 - 6 pm Saturday: 1 - 5 pm

# INFORMATION FOR OPEN RECREATION

- youth are limited to ten hours of open recreation per month.
- CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office (Bldg 533). Each card is issued for a specific month.
- Questions? Please call 267-6013 or 263-4743.

#### SAGAMIHARA CHILD DEVELOPMENT CENTER PROGRAMS (SHA)

Part Day Toddler Program



Ages 18 months to 3 years, 8:30 - 11 am

3 or 5 days a week. Toddler Time follows the DoDDS Academic Calendar. Part Day Preschool Program



Ages 3 - 5, 8:30 - 11 am or 12:30 - 3 pm

3 or 5 days a week. Academic Adventure follows the DoDDS Academic Calendar.

For detailed information, please call 267-6564.

All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533.

For information, call 263-4125 / 4743.

# ■ Child Development Center • 267-6564

# SAGAMIHARA HOUSING AREA

- Closed
- \* Friday, 9 November, SHA CDC closed (CYS Training Holiday).
- \* Monday, 12 November, SHA CDC closed (Veterans Day).
- \* Thursday, 22 November, SHA CDC closed (Thanksgiving Day).
- \* Friday, 23 November, CYS Training Holiday.
- Thanks to the Troops
- 5 8 November, send pictures, cards, and snacks to troops deployed.
- National Young Reader's Day Tuesday, 13 November.
- SHA CDC PAC Meeting (for patrons only) will be held on Wednesday, 14 November, 4 4:45 pm, at the Sagamihara Housing Area Child Development Center.
- Thanksgiving Luncheon Wednesday, 21 November, 11 -11:30 am.

# ZAMA CHILD DEVELOPMENT CENTER

- Closed
- \* Friday, 9 November, Zama CDC closed (CYS Training Holiday).
- \* Monday, 12 November, Closed for Veterans Day.

- \* Thursday, 22 November, Closed for Thanksgiving Day.
- \* Friday, 23 November, Closed for CYS Training Holiday.
- PAC Meeting

Wednesday, 14 November, 4 - 5 pm.

- **Trip to Zama Commissary** Friday, 16 November, 9 10 am,
- Mochi Pounding at Zama Kindergarten (Preschool). Tuesday, 20 November, 9:30 am 2 pm,

• Thanksgiving Luncheon

Wednesday, 21 November, 11 am - noon.

- Parent and Teacher Conference 26 - 29 November, Monday - Thursday, 1 - 2 pm.
- Fall Festival Parade

Friday, 30 November, 3 - 3:30 pm. For more information, please phone 263-8081.



# ■ Youth Sports and Fitness · 263-5437/4066/5991

# SCHEDULE OF YOUTH SPORTS ACTIVITIES

For all Youth Sports and Fitness information, please visit our website at: www.zamayouthsports.org

Events	<b>Registration Date</b>	Event Date	Age Group
Flag Football Season		10 Nov - 22 Dec	5-6, 7-8, 9-10, 11-12, 13-15
Girls Volleyball Season		17 Nov - 19 Jan Holiday break 16 Dec - 2 Jan	9-11, 12-15
Swim Team Swim coach needed to ha	28 Nov - 10 Jan ve swim season.	12 Jan - 22 Mar	5 - 15
2008 Basketball Season	30 Nov - 18 Jan	16 Feb - 29 Mar	3-4, 5-6, 7-8, 9-10, 9-11 (Girls), 11-12, 12-15 (Girls), 13-15

All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533. For more information, call 263-4066/5991.

he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, both are closed for maintenance.

# ■ Sports Office • 263-3954/4664

# DOUBLES BADMINTON TOURNAMENT

There will be a Doubles Badminton Tournament, Saturday, 24 November. The event is open to all SOFA status personnel, family members (18 years of age and older and not in high school), military retirees, JGSDF, and MLC employees in the Camp Zama Community. There is no fee for this event. Entry deadline is Wednesday, 21 November. There will be individual awards for the first and second place teams. There will be a men's and mixed division. Commander's Cup points will be awarded for this event. For more information, please call 263-4664/7980.

#### **TANNING BOOTH**

The Yano Fitness Center has two tanning booths.

Monday - Friday: 6:20 am - 6:25 pm Weekends:

10:05 am - 5:35 pm Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18). For more information, call 263-4664/3954.

#### Aqua Massage

Yano Fitness Center offers aqua massage, \$5 for 15 minutes. You must be at least age 18.

#### **YOGA**

There will be no Hatha Yoga classes



# YANO FITNESS CENTER

- · Mens Division Open to any team.
- Pool Play
- Awards: 1st & 2nd Place.
- Entries are due at the Yano Fitness Center NLT 5 pm, Friday, 9 November.
- Entry fee is \$200.00 per team
- Mailed applications must be postmarked NLT Wednesday, 7 November, to Recreation Division, DMWR, US Army Garrison, Japan, Unit 45006, Sports & Fitness Center, APO AP 96343-5006, ATTN: IMPC-JA-MWR-SP, Mr. Abear, Make checks payable to IMWRF-HONSHU.

For more information, please call 263-4664.



1 November through 4 December. Classes resume 5 December.

#### **MASSAGE**

# • Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

# • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

### AQUATICS (263-5656/4664)

#### • Yano Indoor Pool Hours

Mondays - Fridays: 6 am - 7 pm Saturdays, Sundays, Holidays: 10 am - 6 pm (unless otherwise posted)

# • Water Aerobics Days and Hours Yano indoor pool:

Tuesdays and Thursdays
9 - 10 am

Mondays, Wednesdays and Fridays 6 - 7 pm

See flyer for specific details and cost.

# • Age Policy for Pools

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

### • Solarium Party Reservations.

If you are considering a party in the solarium, please submit a "solarium reservation request" to the front desk at Yano Fitness Center no less than two weeks in advance. Forms are available at Yano and can be e-mailed to you upon request.

• **Training Reservations** for swimming pool.

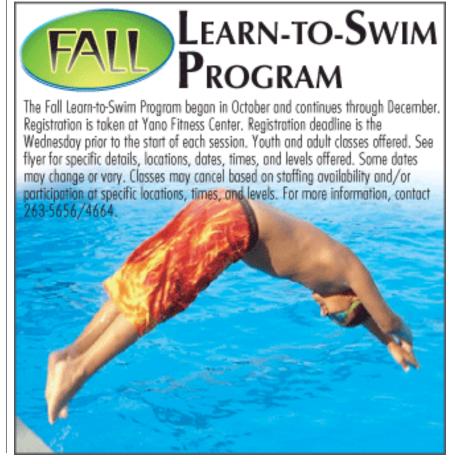
If you are considering utilizing Yano

# **WANTED**

Officials for all intramural sports (flag-football, softball, basketball and volleyball), aerobic instructor, fitness trainers, and massage therapists. For more information, call 263-4664/7980.

Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the Aquatics Director at Yano Fitness Center. For reservations, submit the reservation request no less than two weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, contact 263-5656/4664.



# ■ Auto Craft Shop • 263-3615

mportant information on vehicle air conditioning. The Auto Craft Shop will no longer be able to service vehicles that have the Air Conditioning gas R12. The Auto Craft Shop does know a local repair shop in the Zama area who still works on vehicles with the R12 gas. Vehicles with the A/C gas R134a will still be serviced as usual. NOTE: If you do not know what kind of gas your vehicle uses please stop by the Auto Craft Shop and we will be happy to tell you.

# **CLASSES**

 Class on basic stereo installation: 2nd, 15th and 30th November.

Winterizing Your Vehicle: Every Wednesday in November.

#### **HOURS OF OPERATION:**

Sunday - Monday - CLOSED Tuesday - Friday: 1 - 9 pm Saturday: 10 am - 6 pm Training Holiday: 10 am - 6 pm

#### PLEASE NOTE:

- Tuesday Friday clean up starts a half hour before closing.
- Saturday clean up starts one hour before closing.

#### SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

# HARLEY DAVIDSON PRODUCTS

The Auto Craft Shop has limited resale items for Harley Davidson. We have the basics for a tune up, various oil and lubes, spark plugs and some gaskets. Stop by the shop and see what we have to offer.

#### **SERVICES**

• Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

#### **CARWASHES**

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

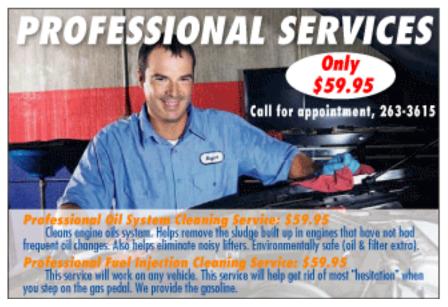
• **Prepaid cards for the car washes** are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.

# HELPFUL HINT

"When purchasing gasoline off post remember to put the correct fuel in your vehicle!!!"

At all off post gas stations each type of fuel is designated by the "Color of the Pump Handle"!!!

Green is Diesel Red is Regular Yellow is High Octan



# ■ Chapel Activities • 263-4898

#### **CATHOLIC SERVICES**

**Mondays - Thursdays,** noon - 12:15, daily Mass, Blessed Sacrament, Chapel

**Sundays,** 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am Bldg 502.

**Sundays,** 10:45 - 11:45 am, Catholic Religious Education Class, Religious Education Center (every Sundays except Federal Holiday weekend).

**4th Monday**, 12:15 - 1:45 pm. Catholic Women of the Chapel (CWOC) meeting, Fellowship Room, Zama Chapel.

#### PROTESTANT SERVICES

**Sundays,** 11 am, Worship Service, Zama Chapel

**Sundays,** 11 am, Children's Church A nursery is provided for children up to 36 months at Zama CDS, Bldg 502, during the time of Sunday Services only.

**Sundays,** 9:30 am, Sunday School, Religious Education Center.

# SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays,** 9 am, Sunday School, Sagamihara Chapel

**Sundays,** 10:30 am, Worship Service, Sagamihara Chapel.

**Wednesdays**, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to Kindergarten at the Sagamihara Chapel during the time of Sunday services. Youth church for 1st grade through 6th grade during Sunday service).

# PENTECOSTAL WORSHIP SERVICE

**Sundays,** 8 am, Worship service, SHA Chapel

**Sundays,** 9 am, Children's Church, Sagamihara Chapel

**Tuesdays,** 6:30 pm, Bible Study, Sagamihara Chapel

*Fridays*, 6:30 pm, Prayer, Sagamihara Chapel

# SEVENTH DAY ADVENTIST SERVICES

**1st and 3rd Saturdays,** 10 am, Joint Service, Traditional Chapel at Yokota AB.; contact Tom Johnson at 263-9004 or tjohn6@hotmail.com.

#### **JEWISH SERVICES**

Please contact Sharon Goodman at 267-6190, or

sharonrok@yohoo.com for Jewish activites at Camp Zama and information about Jewish events in the Kanto Plain.

#### **BUDDHIST SERVICES**

(Soka Gakkai International) **Mondays and Fridays,** 7 pm, discussion, SHA Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

# THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Sundays,** 9:30 am - 12:30 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate.

**Tuesdays**, 7 pm, Tuesday Night Youth Service, SHA Chapel.

Call Richard Smith, 264-6545, or Reid Maekawa, 263-7869.

#### THE CHURCH OF CHRIST

Sundays, 9:45 am, Worship, Atsugi

Small Chapel

**Wednesdays,** 7 pm, Bible Study, Camp Zama #1076A

For more information, call 263-7924 or e-mail glandll@yahoo.com

#### ON GOING BIBLE STUDIES

**Thursdays,** 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Dana Sims at 263-7481.

**Thursdays,** 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

**Thursdays**, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Dana Sims at 263-7481.

# CHAPEL ACTIVITIES IN NOVEMBER

**November 1,** 6 pm, All Saints Day Mass, Zama Chapel.

**November 1**, at 6 pm - 8 pm in the Zama Chapel Fellowship Hall, the PWOC will conduct their Women's Fellowship. The theme is "Preparing for His Presence". Free child care. Food will be served.

**November 2 - 3,** Pilgrimage to Akita (Catholic).

The Zama Chapel community has many other programs for you and your family, (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.



# ANTED:

Instructors.
CCC is looking for
Jazz, Ballet and Drum
Instructors.
For more information,

call 263-3939/8892.

# ■ Community Cultural Center

• 263-3939

#### **CLASSES**

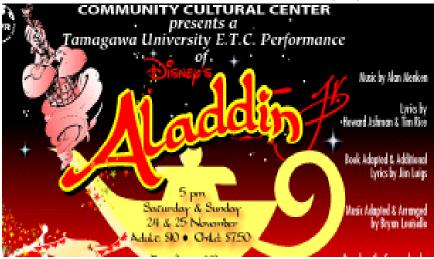
#### Ballroom Dance

Ballroom Dance (four classes per month, ¥3,000): The class is basically designed for beginners using simple steps. It takes about six months to go through all the dances.

Tuesday and/or Thursday (four classes per month): 5:15 - 6:10 pm

#### Standard:

Slow Rhythm Dance (party dance) Basic Waltz Basic Tango Mambo (party dance)





#### Latin:

Basic, Cuban Rumba Cha Cha Cha Jitterbug (party dance)

Basic Class (four classes per month, ¥4,500): The class is designed for students who have completed the beginner's class, or students who have been attending the beginner's class, or people who have some experiences and good physical ability for dancing.

Tuesday: 6:20 - 7:15 pm

#### Standard:

Tango

#### Latin:

Cha Cha Cha

\* Party dances in beginner's class as needed.

Intermediate Class (four classes per month, ¥6,000): The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years experience, skills and abilities for ballroom dancing.

Tuesday: 6:20 - 7:15 pm

#### Standard:

Tango

#### Latin:

Cha Cha Cha

• Hula Dance I and II (four classes a month).

I (beginner): \$50

Tuesday, 5 - 6 pm.

II (intermediate): \$50

Thursday, 5 - 6 pm

• Piano Lesson (four classes a month).

¥6,500, Monday - Friday.

• Violin Lesson (four classes a month).

¥6,500, Tuesday or Thursday.

• Koto Lesson (four classes a month).

Adult: \$8,000, Youth: \$7,000, Tuesday.





Design by Ms. Keiko Harashima VID, 78th Signal Bn.

# ■ Torii Station, Okinawa MWR Activities • 644-4270



# Anted:

Zama Arts and Crafts Center is now looking for acrylic paint, water color paint, drawing, washi-paper craft, and digital photograph instructors.

# ■ Arts and Crafts • 263-4412

#### **CLASSES**

# • Washi-paper craft workshop.

Fee is \$10; supplies are available at the sales store.

# • Tole-painting workshop

Thursday, 3 pm. \$15 for a class

• *Ikebana* (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm. \$15 for a class, plus ¥1,000 for a flower fee.

• **Shodo** (Japanese calligraphy class) Thursday, 3 pm. \$10 for a class, in-

- Wednesday Class: 4 6 pm. \$20
   Supplies are included. A monthly class or three month classes are also available.
- Thursday Class: 1st and 3rd Thursday, 6 - 8 pm. \$20 for a class, supplies are included.
- Saturday Class: 1st Saturday of the month, 10 am - noon. \$20 for a class, supplies are included.
- Etsuke Class (drawing for pottery) is also available at 5 - 6 pm. \$10 a class.

cludes all supplies.

# • Wood Shop Orientation for DA 3031.

Thursday: 6 pm, Saturday: 10 am. No fee.

# • Frame Shop Orientation

Wednesday, 6 pm.

Fee, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request. \$10 a class, supplies are not included.

**NOTE:** All classes require advance registration. Schedules are subject to change. Please call 263-4412 for more details.

#### **PRINT SHOP**

# • Screen Printing and Heat Transfer Printing

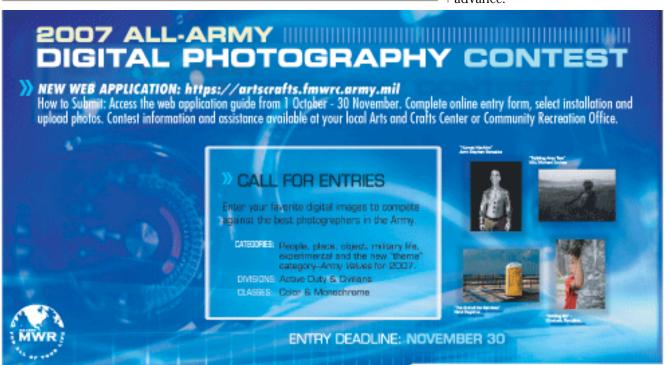
We have screen printing and heat transfer printing for custom design t-shirts, trucker caps, mug cups, mouse pads, and tiles and aluminum plaques.

#### **BALLOON SHOP**

We have a message for every special occasion in your life (helium filled malar and latex balloons). For better service, place your order in advance.



# POTTERY CLASSES



# ■ Outdoor Recreation and Local Tours • 263-4671

#### **NOVEMBER TOURS & EVENTS**

 Mashiko Pottery Festival Saturday, 3 November

Depart: 5 am • Return: 9 pm

 Beginner's Half Day Boat Fishing & DIY BBQ!

Saturday, 3 November

Depart: 6:30 am • Return: 4 pm

 Asakusa Tokyo Jidai Festival & Boat Cruise

Saturday, 3 November

Depart: 10 am • Return: 7:30 pm

 Yokohama Sankeien Garden & Chinatown

Sunday, 4 November

Depart: 10 am • Return: 6 pm

• Fuji Safari Park Sunday, 4 November

Depart: 8 am • Return: 5 pm

• Mt. Maku Autumn Scenic Hike Saturday, 10 November

Start: 6:30 am • Return: 4:30 pm

· Hakone Excursion Saturday, 10 November

Depart: 7:30 am • Return: 6 pm

• Nikko Edo Mura Sunday, 11 November

Depart: 6 am • Return: 7:30 pm

• Autumn Golfing in Chiba Monday, 12 November

Depart: 4 am • Return: 7 pm • Tokyo Disneyland or DisneySea

Monday, 12 November

Depart: 7 am • Return: 11:30 pm

• Caving for Beginners in Mt. Fuji Volcanic Caves Saturday, 17 November

Depart: 6 am • Return: 7 pm

• Ödawara Castle & Mikan Picking Saturday, 17 November Depart: 8 am • Return: 5:30 pm

• Fuji Area Excursion

Sunday, 18 November Depart: 7 am • Return: 6:30 pm

 Yokosuka Holiday Shopping Sunday, 18 November

Depart: 8:30 am • Return: 4:30 pm

• Ĥiroshima Overnight Thursday-Saturday, 22-24 November

Depart: 2 am (Thurs.) Return: 9:30 pm (Sat.)

 Fujikyu Highland Thursday, 22 November

Depart: 7 am • Return: 7 pm

Thanksgiving Lunch

& Harajuku Free Time Thursday, 22 November Depart: 10 am • Return: 7 pm

 Tsukiji Fish Market Saturday, 24 November

Depart: 4 am • Return: 10:30 pm

• Low-Rider Car Show at Makuhari Messe Sunday, 25 November

Depart: 9:30 am • Return: 6 pm



# **Better Opportunity for** Single Service Member

# **MEETINGS**

- Tuesday, 13 November
- Tuesday, 27 November
- \*All meetings are at 2 pm at the CCC

# ■ Community Libraries • 263-3517 http://www.usarj.army.mil/information/zama/mwr/library/index.htm

# ON-LINE CATALOG.

Search our collection from home or work at: http://www.yokotalibrary. com/uhtbin/webzama/

#### **NEW MCNAUGHTON BOOKS**

- 21 Pounds in 21 Days by DeLuz, Roni (Best-seller)
- The 5 Factor Diet by Pasternak, Harley (Best-seller)
- The Secret Servant by Silva, Daniel (Best-seller)
- Up Close and Dangerous by Howard, Linda (Best-seller)
- The World Without Us by Weisman, Alan (Best-seller)
- · Away by Bloom, Army
- The Tin Roof Blowdown by Burke, James Lee
- Thursday Next in First Sequels by | tary

Fforde, Jasper

- Justice Denied by Jance, Judith A.
- The Burnt House by Kellerman,
- The Prince of Darkness by Novak, Robert D.

#### **NEW DVDS**

Hamlet Drama
Grey's Anatomy the Complete Sec-
ond Season Drama
Harry Potter and the Goblet of Fire
Jay Jay the Jet Plane Children
Thomas and Friends: Carnival Ca-
persChildren
White Light Black Rain
Documentary (Japan)
God Grew Tired of Us. Documen-
tow.



# **Interactive Customer Evaluation**

# We are listening!

**Cool Comments? Cold Suggestions?** 

Make your input online at th U.S. Army Garrison, Japan Interactive Customer **Evaluation** (ICE) site.

http://ice.disa.mil/index.cfm Think **ICE** and have a n**ICE** Day!

# ■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690 Army Community Services Branch	■ SAGAMI LOUNGE 268-4954 Take Out 268-4142 Lunch (Mon-Fri) 1100-1300 Dinner (Tue-Sat) 1700-2000	Mon-Fri 0830-1730 Family Child Care 263-4743 263-4125 Sagamihara CDC 267-6564
■ Army Community Services 263-4357  Mon, Tue, Thu, Fri 0730-1630  Wed 0730-1500	Lounge/Game Room Tue-Thu 1100-2200 Fri 1100-2400	Mon-Fri 0530-1800  Zama CDC 263-4992  Mon-Fri 0530-1800
ZAMA Golf Club	Sat 1630-2300 Open during lunch	■ YOUTH SERVICES Zama Youth Center 263-4500
■ DIRECTOR OF GOLF 263-4224 ADMINISTRATIVE OFFICE	Recreation Division	Mon-Thu 1430-2000 Fri 1430-2200 Sat 1200-2200
263-4966 (All the following golf activities are open during lunch). Course/Starter 263-4975	ADMINISTRATIVE OFFICE ARTS & CRAFTS CENTER Mon-Tue Closed  263-5614 263-4412	Sun 1400-1800 School Age Services (SHA) 267-6317 Mon-Fri 0630-1800
Mon-Fri 0700-1700 Weekends & US / Japanese Holidays 0600-1700	Wed-Thu 1300-2100 Fri, Sat & Sun 1000-1800 Open during lunch	Youth Sports 263-5437 Mon-Sat 0900-1800 Open during lunch
Restaurant 263-7665 Mon, Tue, Thu, Fri 0630-1700 Wed 0630-1800	AUTO CRAFTS SHOP Sun-Mon Tue-Fri Closed 1300-2100	School Liaison Office 263-3241  Zama Lodging
Weekends & US / Japanese Holidays 0530-1700	Sat 1000-1800 Open during lunch	ADMINISTRATIVE OFFICE 263-3293 Reservation Desk 263-2775
Pro Shop 263-5284 Mon-Fri 0645-1700 Weekends & US / Japanese Holidays	Mon-Fri 0800-2100 Sat, Sun & Hol Closed	Front Desk 263-3830 Open 24 hours/7 days a week
0545-1700  Driving Range (Unattended)  Wed - Sat Sunrise-2200	Open during lunch INTERNATIONAL TOURS 263-5273 Mon-Fri 1000-1800	USAG-J Okinawa MWR
Mon Sunrise-1930 Tuesday 1000-2200 Sun 1600-2200	Open during lunch ■ LIBRARY Zama 263-3517	■ MWR OFFICE 644-5396 ■ ADMINISTRATIVE OFFICE 644-4270 ■ ARMY COMMUNITY SERVICE
Chip Inn & Snack Stand 263-5834  Mon-Fri 0800-1600  Weekends & Hol. 0700-1500	Mon-Thu 1000-2030 Fri- Sun & Hol 1000-1800 Open during lunch	Director
Business Division	U.S. Holidays Closed Sagamihara 267-6603	Financial Readiness/AER 644-4378 Family Advocacy Program 644-5919 Victim Advocate/SARC 644-4908
■ ADMINISTRATIVE OFFICE 263-7935	Tue-Thu 1000-1900 Fri-Sat 0900-1800 Sun, Mon & Hol Closed	AFTB/AFAP Program 644-4743 EFMP Program 644-4106
■ BOWLING CENTER ZAMA 263-4780 Mon-Wed, Sat-Sun 1100-2200 Thu & Fri 1100-2230	Closed for lunch 1400-1500  OUTDOOR RECREATION 263-4671 US Holidays Closed	ACS FAX 644-5918 School Liaison Office 644-4703 ■ ARTS & CRAFT CENTER 644-4303
Holidays Closed  BOWLING CENTER DEPOT 268-4954/4606  Tue - Sat 1100-2000	Vehicle/Equipment Rental & Local Tours Mon-Fri 0900-1730	Lobby 644-4706 ■ AUTO CENTER 644-5612 ■ CORAL COVE COMMUNITY CLUB
Sun - Mon Closed <b>■ ZAMA COMMUNITY CLUB</b>	Sat-Sun 0800-1600 Open during lunch Animal Boarding Kennels 263-5915	Business Manager <b>644-4256</b> Lounge <b>644-4306</b>
ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315	Mon-Fri 1000-1700 Sat-Sun 1000-1600	Cashier Cage       644-4426         ■ LIBRARY       644-4468         Staff Room       644-5335
Sunday Brunch 1000-1330 Cashier 263-4547	Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270  Kure Lodging 256-2580	■ MARKETING Commercial Sponsorship 644-4495
Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200	■ POOLS 263-5656 YANO 263-5037 Mon-Fri 0600-1900	Graphic/Illustration 644-4665  SPORTS / FITNESS Sports / Fitness 644-4334
Catering 263-4204 Tue, Thu & Fri 0930-1730	Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122	Aquatics 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795
Wed (Appts Only)  Café Roberto  Sun, Tue & Wed 1100-2300	Wed, Fri 1200-1800 Sat-Sun 1100-1800 Mon, Tue Closed	Retail Sales 644-4290 Equipment Issue 644-4263
Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours	DEPOT (Closed)  SPORTS/FITNESS CENTER 263-4664	Beach Rental Office 644-4659 Cabin Reservation 644-4659
Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300	Zama 263-3954 Mon-Fri 0530-2100 Sat-Sun, Holidays 1000-1800	Kure Harbor Club
Fri 1000-0300 Sat 1000-0230 <b>Firelite Lounge</b>	Sagamihara 263-3954/267-6762 Mon-Sun Open 24 hrs	■ MWR Office 256-2580 256-2581 0800-1630
Sun-Tue & Wed Closed Thu Closed	Depot 268-4729 Mon-Sun, Holidays 0930-1830	■ Outdoor Recreation 256-2575 0900/1700 ■ Dining Room
Fri 1800-0300 Sat 1900-0230 USA Dining Room	Support Services Division	Mon-Fri (Breakfast) 0700-0830 Mon-Fri (Lunch) 1130-1300
Tue, Thu & Sun 1700-2100 Wed Closed Fri-Sat 1700-2200	■ DIRECTOR 263-4273 ■ ADMINISTRATIVE OFFICE	Tue-Sat (Dinner) 1630-2000  Bar Mon 1630-2000  Tue-Sat 1630-2200
■ HOB NOB INN 267-6097 Lounge & Game Room	Child and Youth Service Branch	■ PX / CLASS 6 Mon-Fri 0900-1730
Thu 1630 - 2100 Wed 1630 - 2300 Fri, Sat 1630 - 0100	CHILD & YS COORDINATOR 263-8086 (All the following CDC facilities are open during lunch.)	Sat 1130-1530
Sat 1900 - 0100 Sun, Mon, Tue Closed	CYS Central Enrollment Registry Office 263-4125 263-4743	MWR.



# WE ARE NOW ACCEPTING RESERVATIONS TO THE LARGEST ANNUAL SNOW EVENT IN JAPAN!!!



FEB. 2 - 4

# OPENING SNOW FESTIVAL TOUR

FEB. 3 - 5

SNOW FESTIVAL TOUR

FEB. 7 - 9

# LAST CHANCE FOR WINTER ESCAPADE TOURS!!!

- December 19-30 Best of Australia (Sydney & Cairns)
- December 19-27 Cairns Adventure
- December 22-31
- Northern Thailand Discovery
- Best of Thailand (Phuket & Cairns)
- IndoChina Discovery (Ho Chi Minh & Anchor Wat)
- Classic Vietnam (Ho Chi Minh, Hoi An & Hanoi)
- Exotic Asia (Bangkok & Singapore)





Military Phone 263-5273, 263-4059 FAX 263-7507 Commercial Phone (046) 254-8896 FAX (046) 255-0356 Fur Tours Email travel@zamaitt.com Website http://zamaitt.com





# Thursday, 22 November, 10 am - 3 pm in the Ballroom

CARVING STATION Beef Top Round w/Aujus Glazed Country Ham

w/Apricot Preserves, Pineapple Raisin Sauce

Roasted Whole Turkey (Pre-Sliced) w/Giblet Gravy Cranberry Sauce Herb Bread Dressing Corn Bread Sage Dressing Baked Stuffed Salmon Pie Turkey a la King Beef Bourguignonne Garlic Pumpkin, Mashed Potatoes Green Beans Casserole Macaroni Cheese

White Rice / Rice Pilaf **Buttered Corn Broccoli Spears** w/Hollandaise Saud

**Baked Jewel Yams** w/Candied Pecans SOUP New England Clam Chowder Soup

Turkey Noodle Soup

MINI SALAD BAR

ASSORTED BREAD

ASSORTED DESSERTS

BEVERAGES Ice Tea, Coffee, Hot Tea, Hot Apple Cider, Champagne, Fruit Punch

Advance Tickets:

Adults: \$15.95

Ages 4 - 12: \$8.95 3 and under: Free

NOTE: After 21 November tickets will be \$2 more at the door.

Advance tickets are available at the cashier's window.

For more information, call 263-4547